

# Optimizing Pick a Better Snack Lesson Instruction



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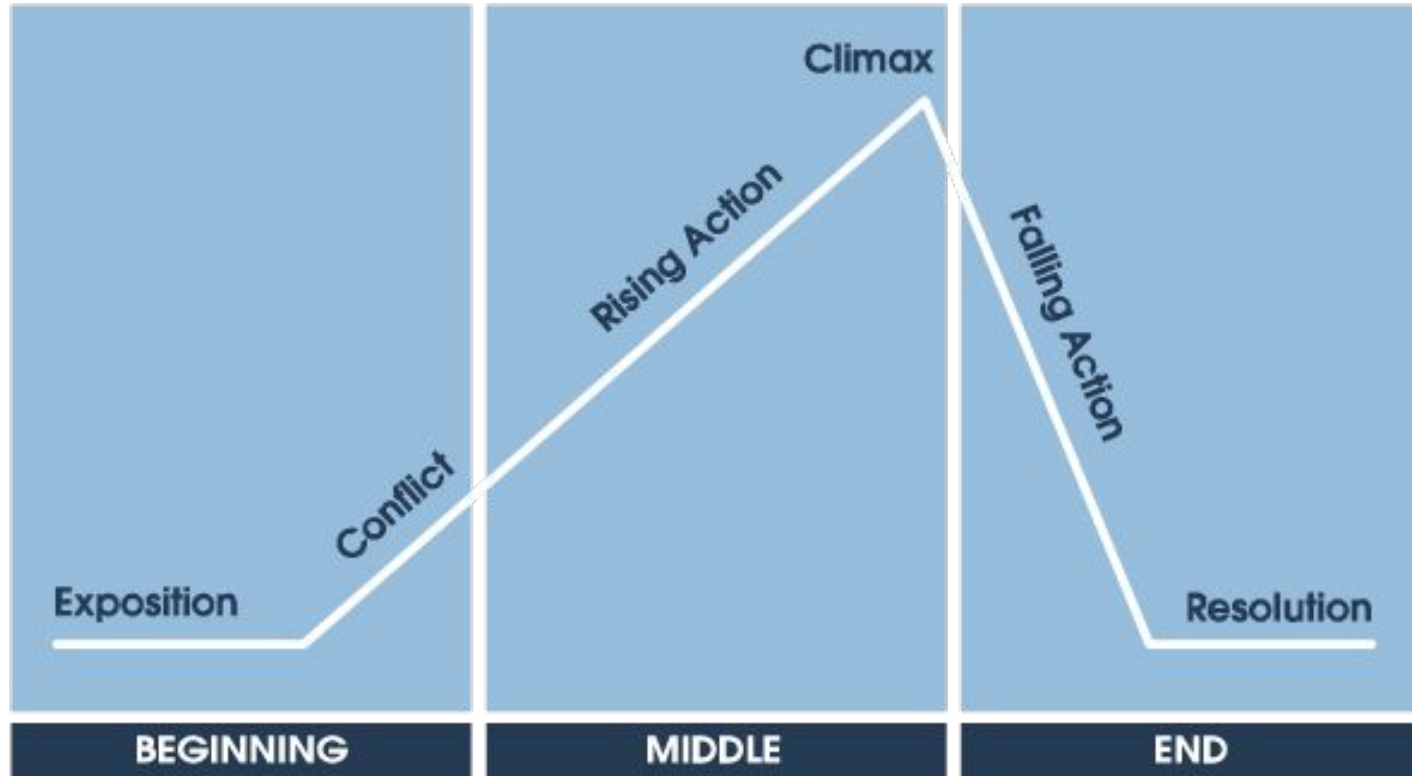
# Agenda

- Review of the story framework
- Exploring PABS lesson components
- Break - 10 minutes
- Digging into new resources
- Break - 10 minutes
- Put it to practice
- Share out

# Story Chains



# Components of a Story



# Example Engage Activity

## January - Mango

### Engage Question

Do you like hot weather or cold weather?

### Facilitation Strategy

Action Thermometer -

- Delineate one side of room for hot weather and one side for cold weather. Give students time to think and make a decision.
- Instruct students to move to their preference (or stand somewhere in the middle)
- Pair up and discuss your preference with your partner.
- Share out some examples with the entire class.

### Lesson Connection

Tropical fruits grow in tropical places (warm, wet weather climates)

# Don't be a “Who-Can” Bird

(be a culturally responsive bird with solid facilitation techniques!)

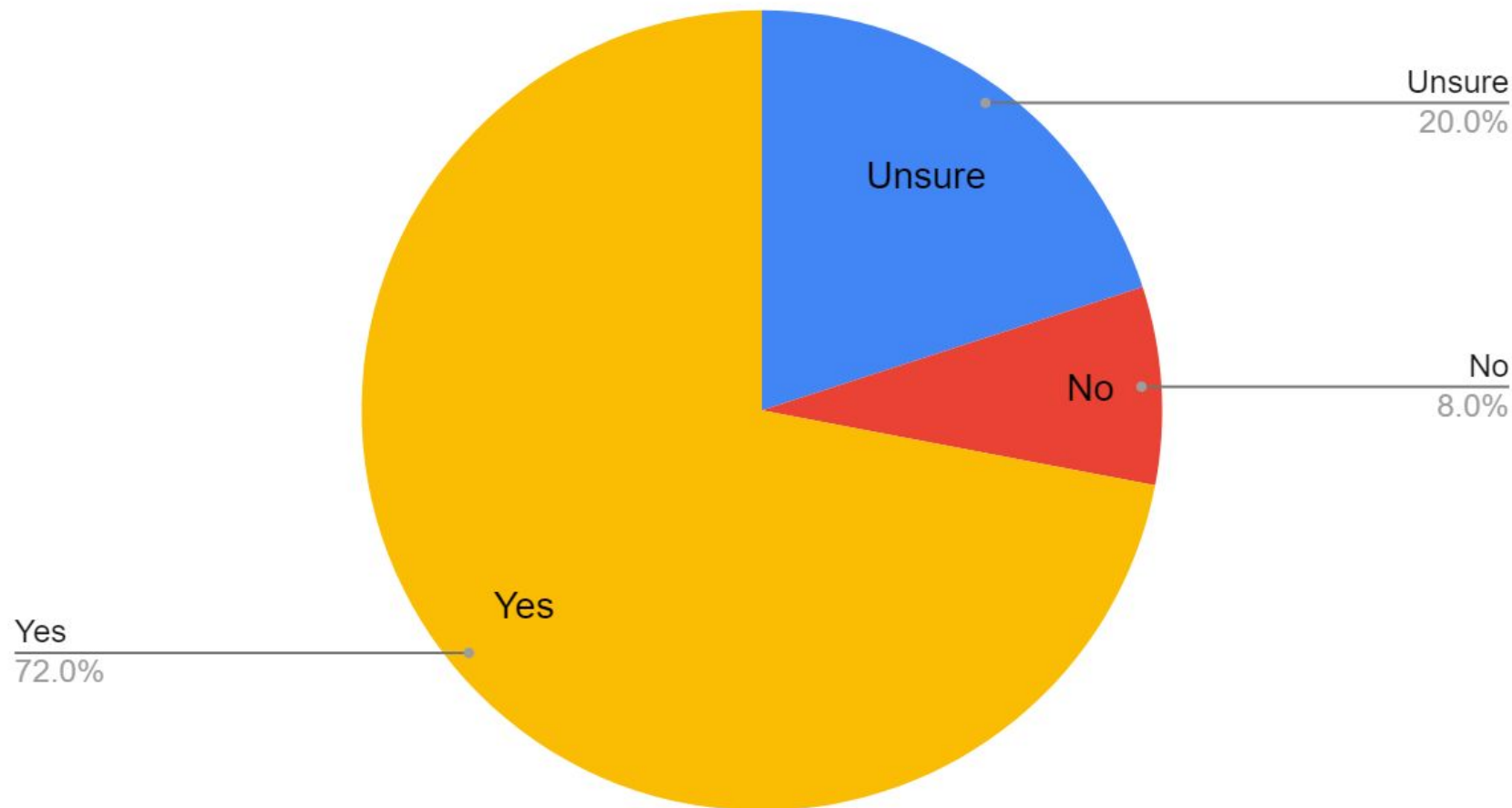


Who can  
tell me...

# Principles of Culturally Responsive, Engaging Questions:

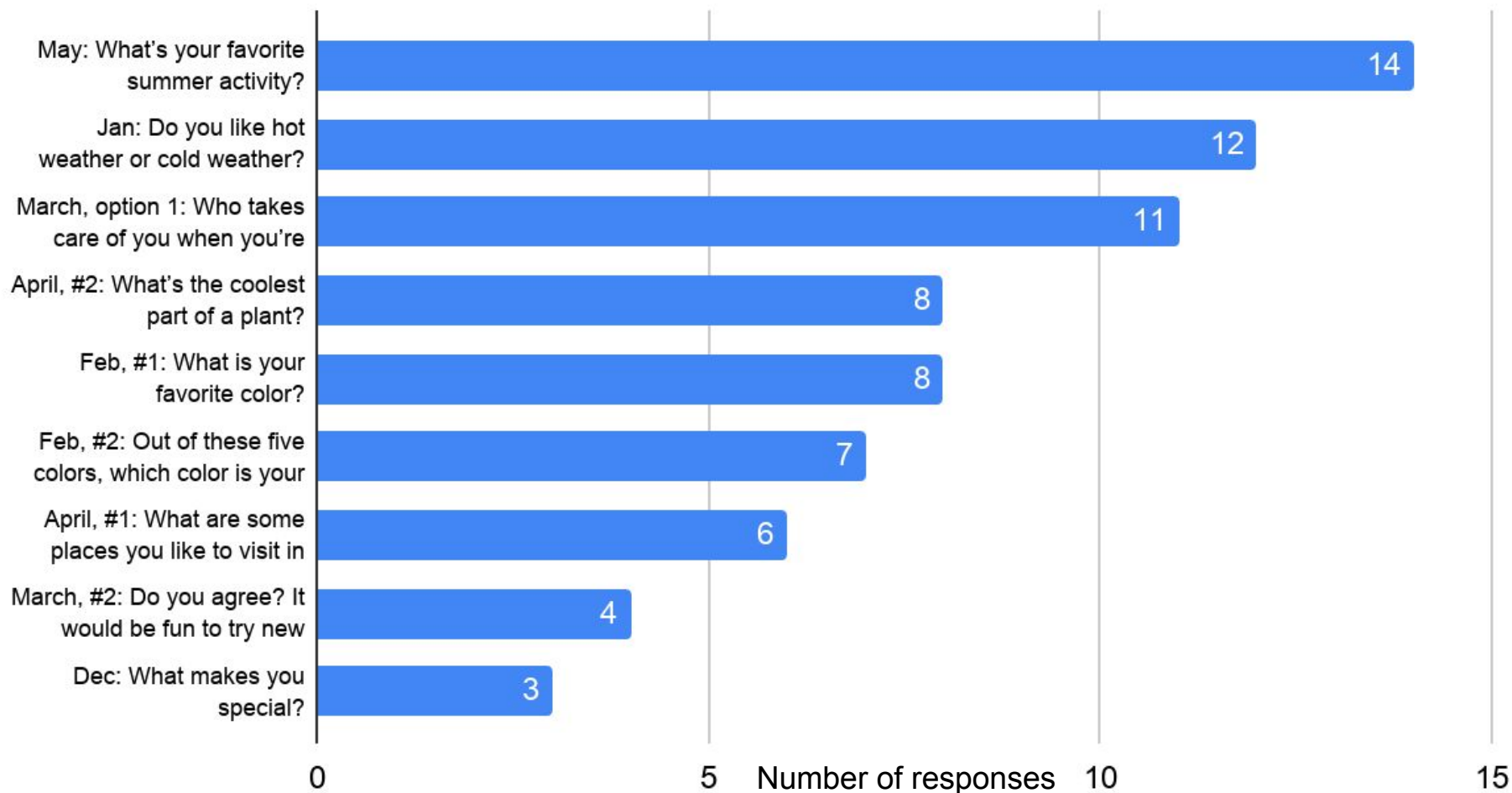
- Every students can answer the question
- There are no right or wrong answers
- Build upon students' lived experiences and prior knowledge
- Build a culture of total participation

## The majority of educators used "engage questions"

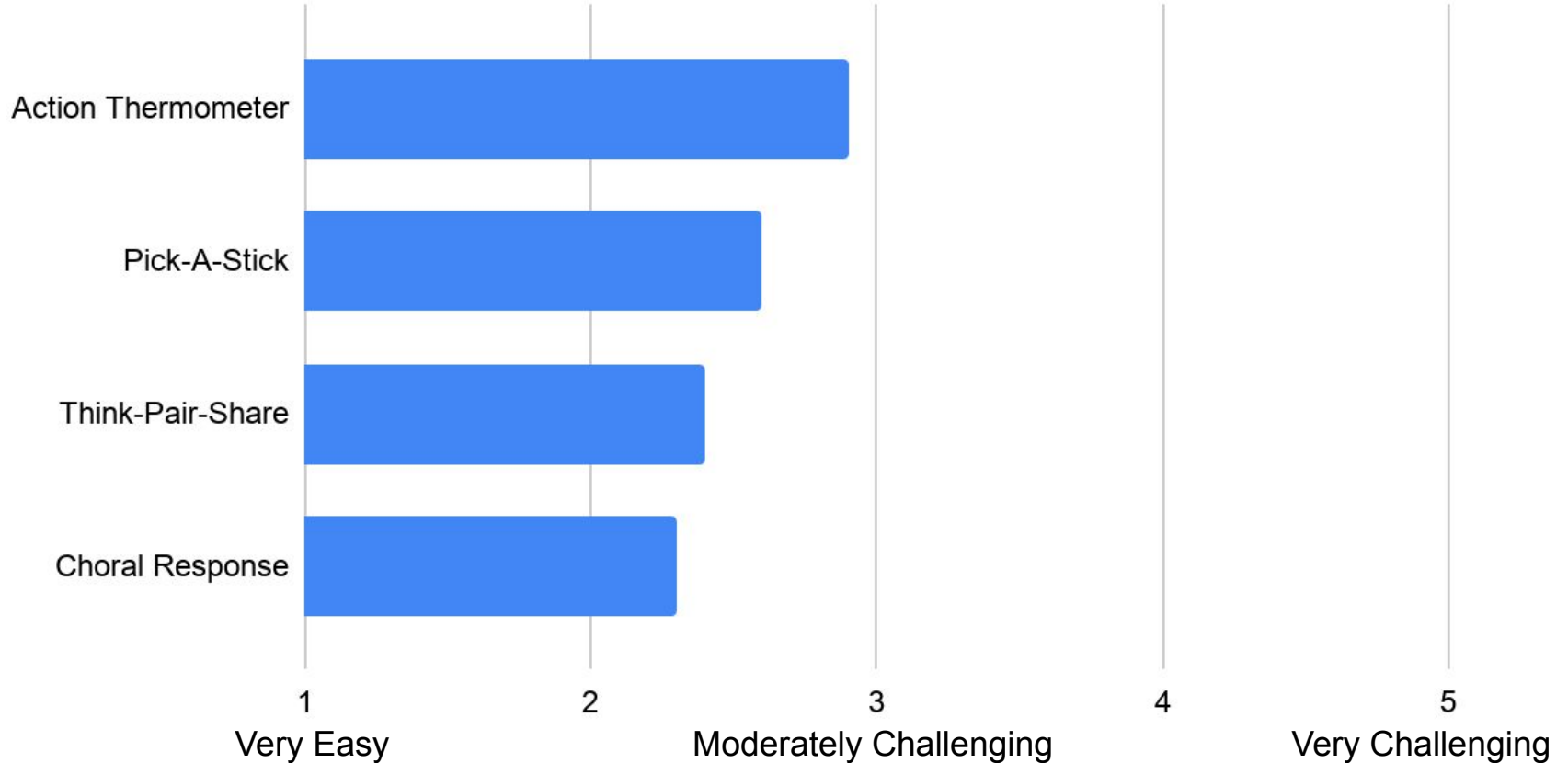




# Educators used all "engage questions"



## Educators consider facilitation techniques relatively easy to lead (20 responses)



# Table Tater Talk - 5 minutes!

Returners share: did you use any of the four facilitation strategies last year? How did it go?

- Action thermometer
- Pick a Stick
- Think-Pair-Share
- Choral Response

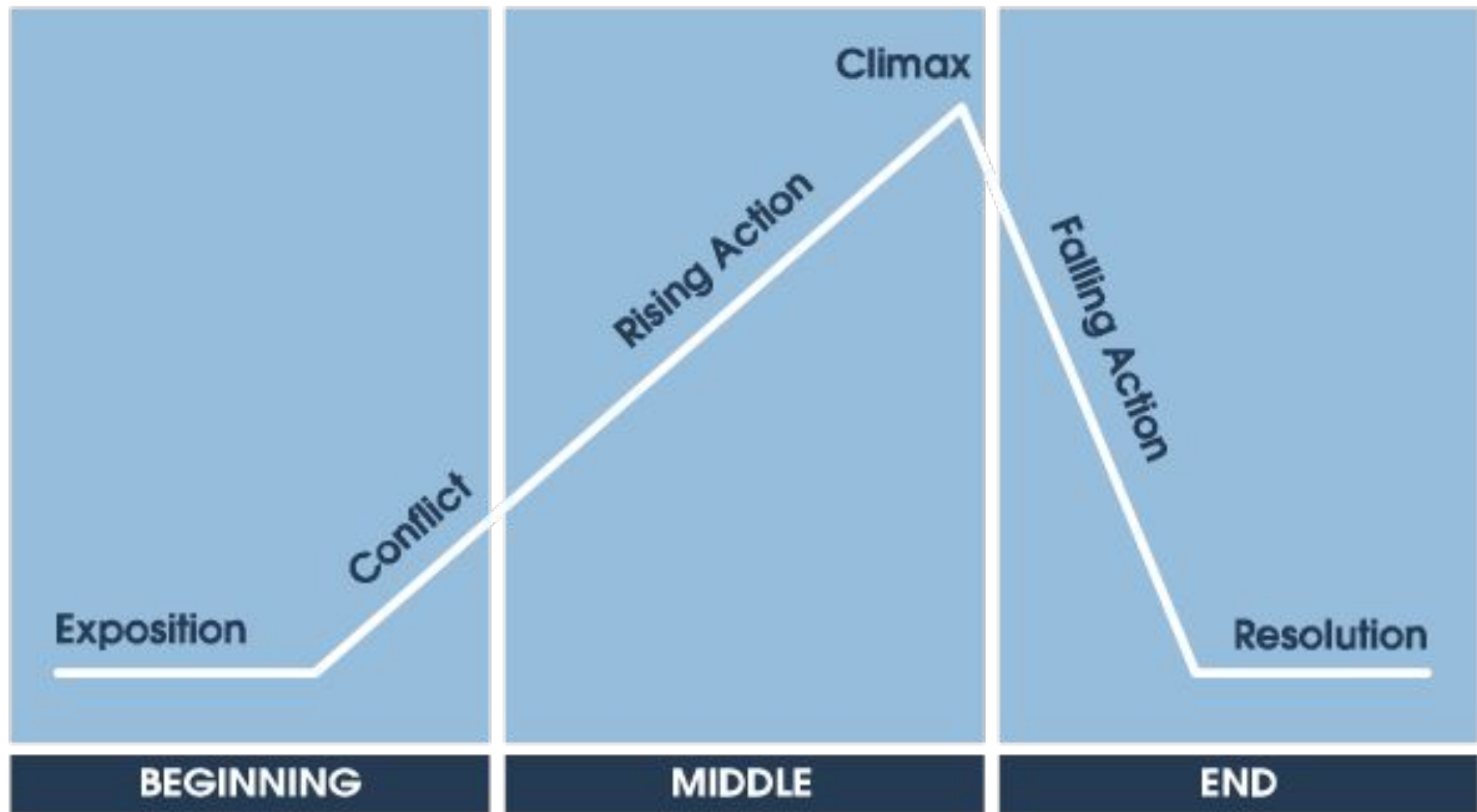
New folks: ask questions!



# Explore the PABS Lesson Components

## Required

- A physical activity
- Produce tasting
- Voting
- Engaging Children
- “Asking” discussion
- Knowledge (about F/V, senses, plant part)
- Bingo card (one grade or more)
- Family newsletter (one grade or more)
- Inventives
- Stickers



# PABS Lesson Components

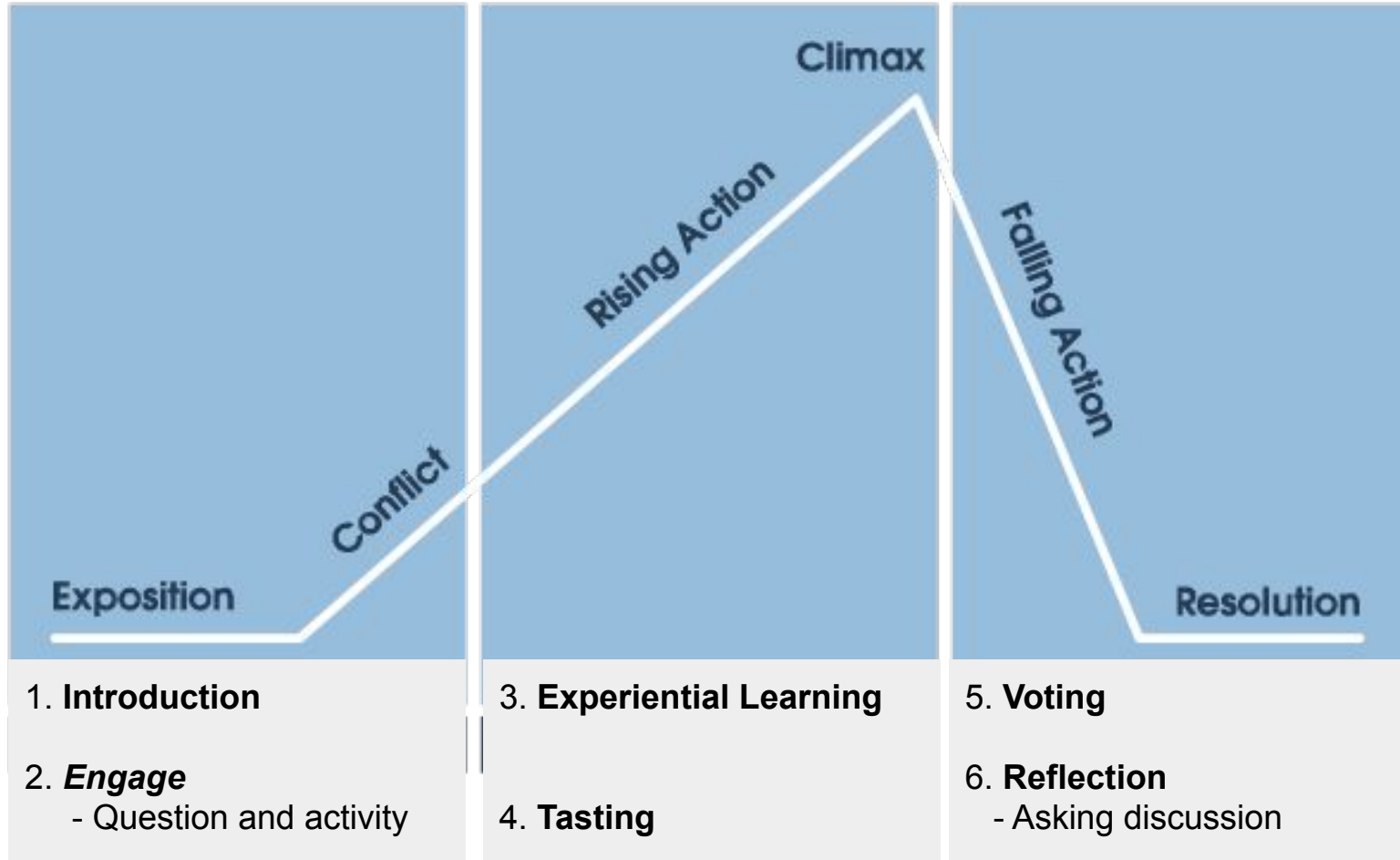
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## Flexible

- Type of physical activity
- Tasting with other flavors
- Read a book
- Exact “activity”
- Worksheets
- Fun Facts section
- What You Need to Know facts
- Videos
- Coloring pages

# PABS Lesson Outline



# New PABS Resources: **Lesson Template and Lesson Plans**





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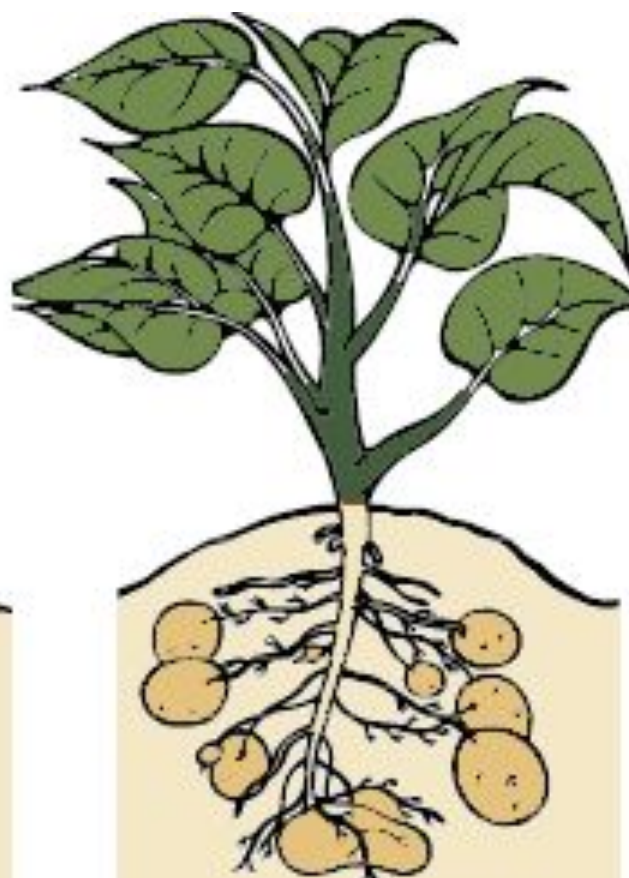
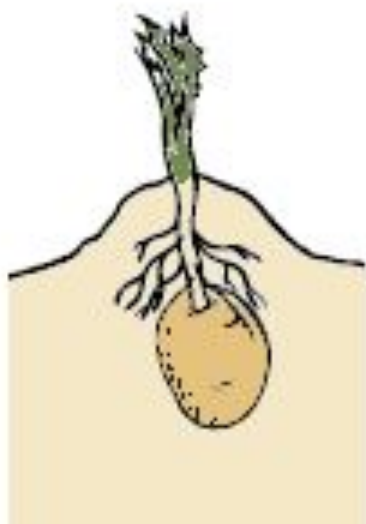
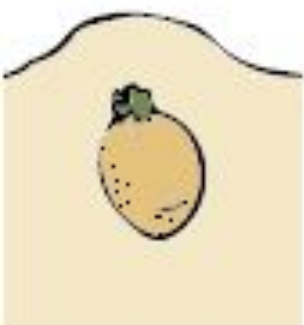


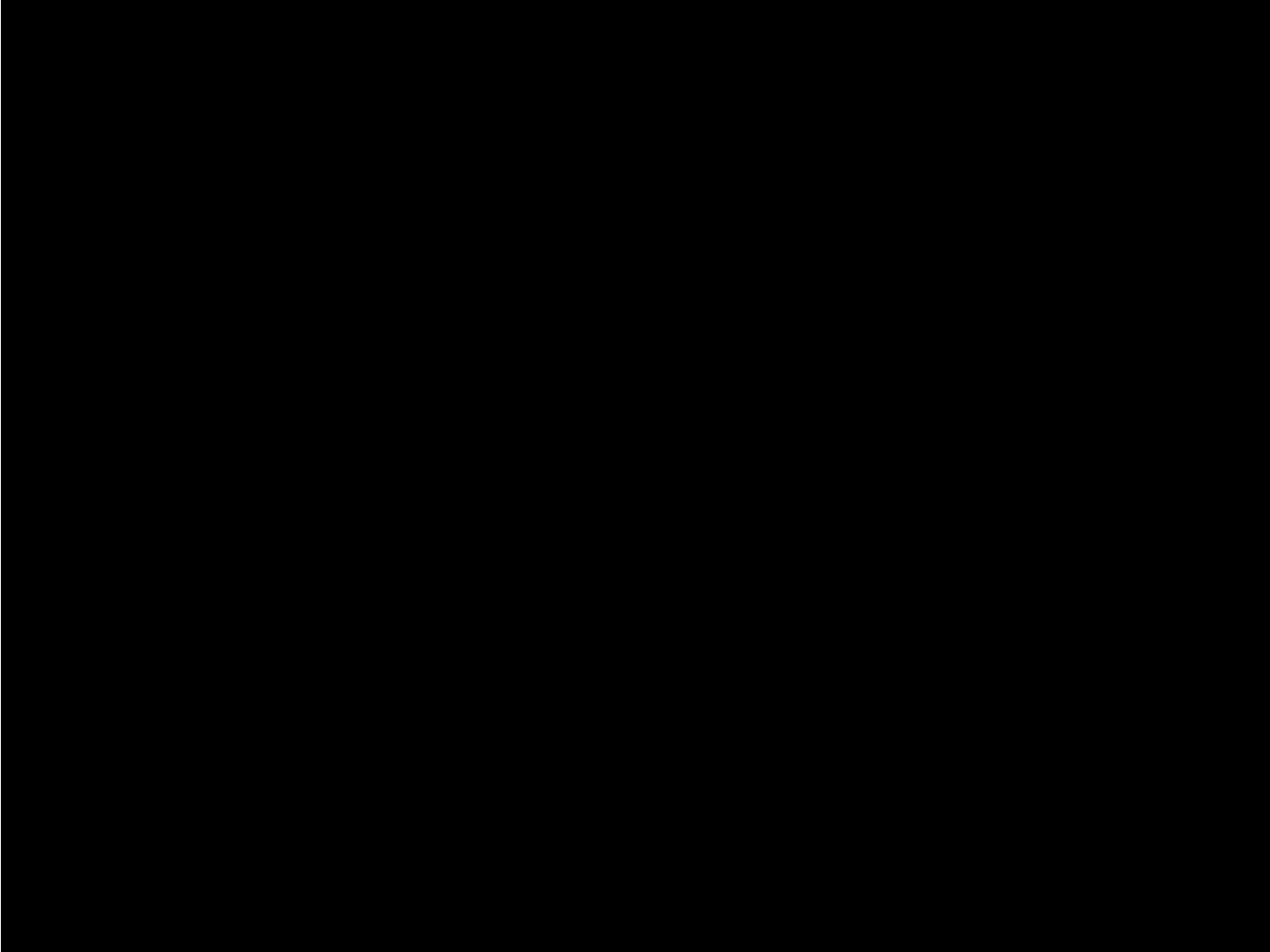












Physical Activity...Any  
volunteers!

Hot Potato!

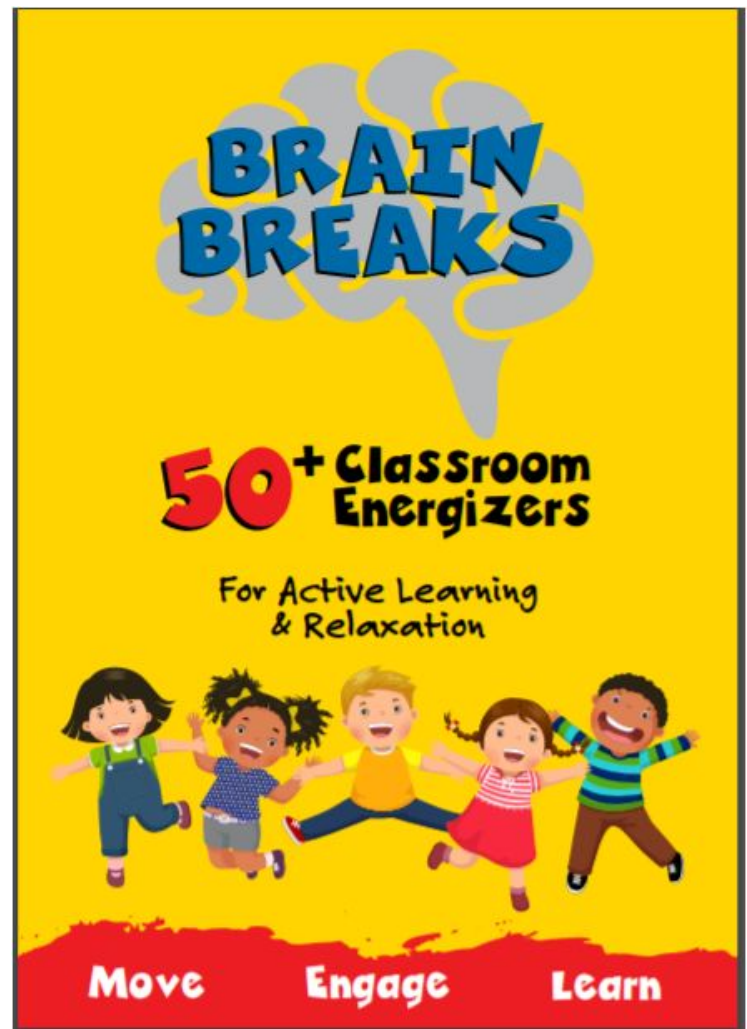


Physical Activity...Any  
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Hot Potato...DANCE PARTY!

Physical Activity...Any  
volunteers!

Hot Potato...DANCE PARTY!



# Table Tater Talk - 5 minutes!

Where else might you place the physical activity? Why?

tomorrowland-wiib-him | tumblr



Haters gonna hate.  
Potatoes gonna potato.

## Brave Taster Rules:

1. Vote with your thumb
2. Don't yuck my yum



# Table Tater Talk - 5 minutes!

What are common challenges to the tasting activity?

What are creative solutions?



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# Lesson Planning - 15 minutes!



# Thanks! Let's talk more.

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